



**8th March 2024**

Dear Parents/Carers,

I hope this newsletter finds you well and ready for a fantastic (and dry) weekend! It's been an exciting week here at Chacewater Primary School here as always.

As a teaching team we have been hard at work exploring ways to enhance the learning experiences for our children. We're thrilled to announce that all our classrooms now have Apple TVs up and running, paving the way for even more interactive and engaging lessons. Additionally, we're diving into the world of iPads to find creative ways to support teaching, learning, and assessment. The possibilities are endless, and we're excited to see the positive impact on our children.

This week, we had the pleasure of welcoming Miss Tucknott to our school. She spent valuable time getting to know Bur Oaks, and we're delighted to have her as part of our team. Miss Tucknott will be back for more days this half term and I know she can't wait to get started.

Yesterday was a highlight as we celebrated World Book Day with gusto and I had the chance to pop a wig on! Our theme this year focused on the continents of the world, and throughout the day, we shared captivating stories from each region. From the enchanting tale of 'Ada's Violin' in South America to the heart-warming 'A Symphony of Whales' in Asia, our children embarked on a literary journey around the globe. We were delighted to be able to welcome so many parents and carers to join us for big reads in the hall.



A gentle reminder to all parents and carers: please sign up for the upcoming parent/carer meetings scheduled for the week beginning March 18th. Your involvement is crucial to the success of your child's education.

Have a great weekend!

Mr Hick

## Traffic Warning!

It looks like there could be some heavy traffic through Chacewater this weekend. Please see the below.



The banner features logos for national highways, European Union European Regional Development Fund, COSTAIN, and Jacobs. The main text reads 'A30 Chiverton to Carland Cross works information'.

**UPDATE: temporary change to diversion route for this week's overnight and weekend closures**

For the overnight closures of the **A30 between Boxheater and Scorrier** this week and the upcoming weekend closure from Friday 8 to 11 March, there has been a slight change to the westbound diversion route for HGVs / high sided vehicles.

Westbound HGV traffic during these closures will need to divert via Chacewater in order to avoid the low bridge at Scorrier (4.7m / 15' 3"). This temporary change to the diversion route has been agreed with Cornwall Council as their highways department is starting work to repair a collapsed mineshaft on the A393 Sandy Lane, which is typically used for these diversions.

You can view the amended diversion route [here](#) (the rest remain the same). This is a temporary change and all diversions will be signed so please ignore sat navs and follow the agreed routes.

Please plan ahead and allow extra time for your journeys during these closures.

## Parent/Carer Meetings

Parent/Carer meetings with class teachers will take place in the week beginning 18<sup>th</sup> March and sign up forms went up this week. These are very important meetings and I would encourage everyone to make an appointment.

This week's Happy News. This is always good to read with and talk about with your children.

Issue 48 [www.behappyresources.co.uk](http://www.behappyresources.co.uk) 6th March 2024

**FREE!**  **HAPPY NEWS**  

 **Library sleepover for bookworms**

Ever fancied sleeping overnight in a library? What about staying in one of the London's most historic landmarks? St Paul's Cathedral is hosting a once in a lifetime sleepover for book lovers in honour of World Book Day. The cathedral has revealed a hidden room where you can win a chance to stay for just £7 with Air BnB. The recently restored library is home to over 22,000 rare books and was built in 1709!



 **Imagining a jet plane can help you run faster**

A scientist has found that you can boost your performance in sport just by using your imagination. Dr Jason Moran from the University of Exeter, England, carried out a small study at Tottenham Hotspurs youth academy. He took 20 players aged between 14 and 15 and shouted encouraging statements such as "run like a plane taking off," and "jump like the floor is lava." He found that this helped them perform better!





 **Tiny neck brace for tiny grasshopper**

A grasshopper has been saved by Zookeepers in Texas, USA, after being fitted with a tiny neck brace. The stick like insect, known as a Peruvian jumping stick, needed her body supporting after shedding her exoskeleton. She's now doing much better!





 **Wheelchair rugby for Wheelchair Day**

School children in South-east England got to play Wheelchair Rugby and learned all about the amazing impact of wheelchairs last week. 1st March was International Wheelchair Day, a day that celebrates the positive impact of wheelchairs in people's lives. Wheelchairs are extremely important in giving people independence, freedom and movement. The schools were visited by England Wheelchair Rugby League and given fun educational taster sessions!

 **Poison frogs tap dance to find food**

Poison dart frogs have been puzzling scientists with their 'tap dancing' for a while - now researchers think they have figured out why these brightly coloured frogs love to move their feet. The frogs can reach speeds of up to 500 taps per minute - that's around 8 taps a second.

Researchers from the US think that the vibrations from the taps startle fruit flies (the frog's favourite food!) to make them more visible and easier to catch.





## From the PTA

### **GLOW DISCO**

**Weds 27th March 2024**

**KS1 5-6pm** - Book here [Chacewater School PTA \(pta-events.com\)](https://pta-events.com)

**KS2 - 6:15-7:15pm** - Book here [Chacewater School PTA \(pta-events.com\)](https://pta-events.com)

### **EASTER EGG HUNT**

**Weds 3rd April 2024**

2-4pm

EVERYONE IS WELCOME

Book here - [Chacewater School PTA \(pta-events.com\)](https://pta-events.com)

### **PARTY KIT & CANDY FLOSS MACHINE HIRE**

Party kit only £5

Candy Floss Machine from £30

Contact [chacewaterpta@gmail.com](mailto:chacewaterpta@gmail.com)



**30 plates, cups, bowls, 4 serving trays, 2 jugs  
and bunting**

**£5 hire cost, plus a £5 cash returnable deposit**

**Additional items available: cutlery £2, tablecloths £2,  
extra bunting £1**

# Headlice

We have headlice in school again! Please take note of the below.

## DON'T BUG ME! TRUTH AND LICE



### PARENTS...

ONCE A WEEK, LET DETECTION COMB HERO CHECK THROUGH YOUR CHILD'S HAIR. THEN USE THE SPECIAL LOTION IF LICE ARE THERE



### QUICK TIPS FOR WET COMBING CHILD'S HAIR

- Buy the detection comb in a pharmacy
- Hair should be wet, use regular shampoo
- Put lots of any conditioner on
- Comb from roots right to ends of hair
- Work through hair, section by section, checking comb each time
- Have plenty light, daylight is best
- If moving lice are found, check all family
- Do this every week

### QUICK TIPS FOR USING LOTION

- Treat everyone in family who have living, moving lice, at same time
- Hair should be dry
- Pharmacist will advise on which lotion (See answer to Question 11, inside)
- Read the instructions carefully
- Work through hair section by section until all of scalp has lotion on it – down to where you would put ponytail band
- Repeat one week later

### 1. WHAT ARE HEAD LICE?

They are grey/brown insects, from pin-head or sesame seed to match-head in size (1 - 3 mm long) that live close to the scalp on humans. The insects lay eggs. Each egg is glued to a hair, often near the root. Lice and unhatched eggs are hard to spot.

### 2. WHAT ARE NITS?

Nits are the empty egg cases left behind when the lice hatch out. They are usually pearly white. Both eggs and nits are very difficult to remove from the hair.

### 3. HOW DO LICE SPREAD?

When two heads are touching for a minute or more, the lice climb rapidly through the hair from one head to another. They don't jump, fly or swim. Lice that fall from the head or amble onto bedding or hats are usually dying and harmless. Lice caught on combs can re-establish if they are combed back on again within 48 hours.

### 4. BUT I'VE SEEN THEM JUMP ON THE COMB

This is due to static electricity, making them appear to 'fly' off the comb.

### 5. WHO CAN GET THEM?

Anyone with hair. They aren't fussy about clean or dirty hair. Children tend to get them more than adults, probably because they put their heads together more than adults do.

### 6. WHERE DO YOU GET THEM?

Anywhere. Children get them wherever they mix with other children, this can be in the home, at school or childcare facility or other activity venue.

### 7. HOW DO I KNOW IF MY CHILD HAS HEAD LICE?

The main symptom is itching, but you can have head lice for up to six weeks before you notice any itching. Only about one third of children have an itch. The best way to find them easily is to check your child's hair regularly (once a week) by wet combing. Detection combs can be bought in a pharmacy. To work well, combs should have rigid, flat-toothed, plastic teeth, set not more than 0.3mm apart.

### 8. HOW DO I WET-COMB MY CHILD'S HAIR

Wash the hair with your ordinary shampoo. Put on lots of any conditioner and comb it through with an ordinary comb. This makes any lice really wet, which keeps them still. Then, using the detection comb, slot the teeth of the comb into the hair at the roots and draw the comb down to the ends. Check the comb for lice every time you do this. Make sure there is good light, daylight is best. Continue until you have worked through each section of hair and have checked the whole head. Rinse off the conditioner and repeat the combing while the hair is still wet.

### 9. HOW OFTEN SHOULD I DO THIS?

It is a good idea to get into a routine and do it about once a week. This means you will be able to treat early if you find living, moving lice. Treating early helps cut down on the number of people in the family, or who are close to the child, who will get head lice.

### 10. WHAT DO I DO IF I FIND LICE?

If you find lice, you should check everyone else in the family and treat only those who have them. Also let people who have been in close contact with anyone with lice know, so they can check as well.

### 11. WHAT DO I USE TO TREAT THE LICE?

The best way to treat is with a lotion (not a shampoo or mousse). These can be bought over the counter in a pharmacy. In the past, chemical insecticides were used to treat head lice. Oil based products are now recommended, sold under different brand names (Full Marks spray or solution/ Hedrin spray gel). These products have a physical effect, so the lice do not get 'resistant' to them. Your pharmacist is the best person to advise you on which one to get. If you are buying products outside of the Republic of Ireland, you need to discuss this with the pharmacist before you buy.

### 12. HOW DO I USE THE LOTION?

There will be instructions on how to put on the treatment, and how long to leave it on for, in the box – each of the products is slightly different. Put the lotion on dry hair. Part the hair near the top of the head, put lotion onto the scalp and rub it in. Part the hair a bit further down and do the same thing again. Do this over and over again until all sections of hair have been done and the whole scalp is wet. You don't need to put lotion any further down than where you would put a ponytail band. Treat everyone with lice at the same time so that untreated people don't infect the treated ones again.

Even if the preparation recommends only one application, it is important that you put it on again a week later. The reason for this is that no treatment is guaranteed to kill unhatched eggs. The eggs that aren't killed will hatch over about one week.

2 days later: Check hair for living, moving lice.

Once treatment is complete, continue with the weekly checking.

### 13. WHAT IF I FIND NITS AFTER TREATMENT?

If you find nits but don't find lice, don't treat. Nits are the empty egg cases which are glued to the hair. They will be left behind on the hairs after you have treated but this doesn't mean the treatment has failed.

### 14. WHAT IF I KEEP FINDING LICE

There could be 2 reasons for this. It could be because your child has been re-infected with lice, or the treatment wasn't carried out correctly. Check the whole family again and treat all those with lice again. Remember to spread the word to family and friends. If you still find lice after that, ask your GP or pharmacist for advice.

### 15. WHAT IF I STILL HAVE NITS

Nits (empty egg cases), on their own, do not need to be treated. You can remove them by hand or fine tooth combing if you don't like the look of them. They can be hard to remove because they are glued to the hair.

### 16. BUT MY CHILD IS STILL SCRATCHING

People can scratch after treatment but it doesn't mean they still have lice. Check your child's head to be sure, but only treat if you find living moving lice. The treatments can make the scalp flaky and itchy. Also, some people scratch just thinking or talking about lice.

### 17. SHOULD I USE A LOTION 'JUST IN CASE'

No, you should only use the treatment if you find living, moving lice. The treatments are safe but they shouldn't be over used. They can also make the itching worse.

### 18. I'VE HEARD TREE OIL IS GOOD FOR KILLING AND PREVENTING LICE

There is no evidence that it works and it can irritate your scalp. Nor is there evidence for alcohol, electric combs, products sold to prevent head lice infection (repellents) or any other folk remedy.

### 19. SHOULDN'T NURSES CHECK CHILDREN'S HEADS?

No. This is not practical and it will not stop head lice spreading. It is much better for parents to check their children's heads regularly (about once a week) as described in this leaflet

However, public health nurses who go into schools and practice nurses in your GP surgery are available to give help and advice about head lice to parents.

### 20. WHAT ABOUT THE SCHOOL OR CHILDCARE FACILITY-CAN THEY DO ANYTHING?

In the past, 'alert' letters have been sent out, but these tend to cause stress to children and parents and sometimes outbreaks of imaginary lice. It is much better for all parents to check their children's heads regularly. Alert letters to remind parents to check their children's hair will be sent out when there are a number of children with head lice in the class.

### 21. SHOULD I KEEP MY CHILD OFF SCHOOL?

NO! Lice are unpleasant and some people sometimes feel embarrassed if they get them, but they are not a health hazard. There is no reason for your child to miss out on their childcare or their education just because of head lice.



KEEP ALERT AND SPREAD THE WORD TO STOP THE SPREAD OF LICE.

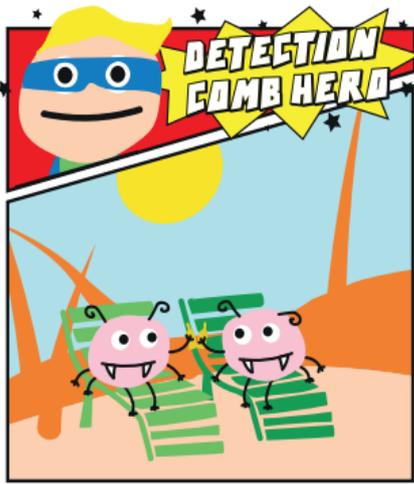


HSE CHO1 Donegal, Cavan, Monaghan, Sligo & Leitrim:

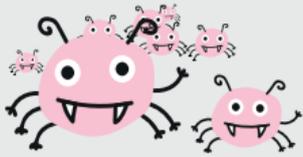
Date: 04/2017 Due Review: 04/2019

Acknowledgement: Leaflet from Dept of Health, Social Services and Public Safety, Northern Ireland, UK. used with permission –some amendments

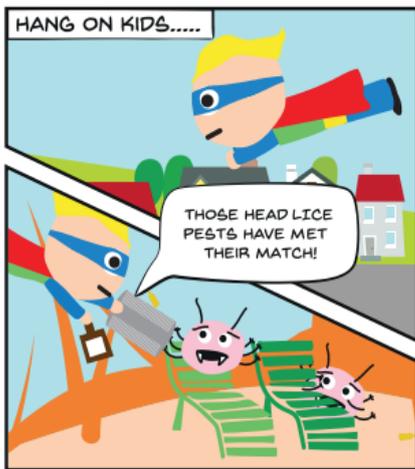
For more information contact your Public Health Nurse



**INTERESTING FACTS**



- I'M 1-3MM LONG
- I CAN'T JUMP, SWIM OR FLY
- I LIKE CLEAN OR DIRTY HAIR
- I ONLY MAKE SOME CHILDREN ITCHY
- DC HERO'S SPECIAL LOTION GETS RID OF ME VERY QUICKLY :-)



**WHAT YOU CAN DO**

1. DON'T SHARE COMBS, BRUSHES, HAIR SLIDES, HATS, TOWELS OR PONYTAIL BANDS WITH OTHER CHILDREN
2. STOP WRIGGLING :- ( WHEN 'DETECTION COMB HERO' IS CHECKING YOUR HAIR!
3. DON'T WORRY; IT'S VERY EASY TO GET RID OF HEAD LICE :-)



**DETECTION COMB HERO**

HSE Community Healthcare Organisation 1. Date 04/17 Due Review 04/19

**DETECTION COMB HERO SAYS...**



ONCE EVERY WEEK LET ME CHECK YOUR HAIR. LOTION GOES ON IF LICE ARE THERE!

Detection Comb Hero is holding a comb and talking to two children.

## Mirror – Signal - Manoeuvre



I would like to kindly remind all parents and caregivers about the importance of exercising caution when driving around the school premises and entering the car park.

With the hustle and bustle of drop-off and pick-up times, it's crucial that we all remain vigilant and mindful of our surroundings to ensure the safety of our children, staff, and fellow community members.

- 1. \*\*Observe Speed Limits:\*\*** Please adhere to the posted speed limits within the school zone and parking areas. Slower speeds help mitigate the risk of accidents and provide ample time to react to unexpected situations.
- 2. \*\*Be Alert and Watchful:\*\*** Keep a watchful eye for pedestrians, especially young children, who may be crossing the road or walking in the vicinity of the school.
- 3. \*\*Follow Traffic Rules:\*\*** Respect all traffic signs, signals, and designated parking areas. Avoid double parking or blocking driveways, as this can impede traffic flow and create hazards for others.
- 4. \*\*Mindful Parking:\*\*** When entering the school car park, please park considerately and avoid blocking access points. Ensure your vehicle is parked in designated areas to prevent congestion and facilitate a smooth flow of traffic.
- 5. \*\*Exercise Patience:\*\*** During peak drop-off and pick-up times, traffic congestion may occur. Exercise patience and remain courteous to fellow drivers and pedestrians.

Thank you for your cooperation and commitment to the safety of our children.

# New Chartwells Menu



## WEEK 1

W/C: 15/04, 06/05, 27/05, 17/06, 08/07, 09/09, 30/09, 21/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPRING/SUMMER 2024	<b>HOT SPECIALS</b> Cheese and Tomato Pizza 🍕 Served with Potato Wedges	<b>HOT SPECIALS</b> Classic Beef Burger 🍔 Served with Potato Wedges	<b>HOT SPECIALS</b> BBQ Chicken 🍗 Served with Roast Potatoes	<b>HOT SPECIALS</b> Turkey Con Chili 🍲 Served with Wholegrain Rice	<b>HOT SPECIALS</b> Fish Fingers 🐟 Served with Chips
	<b>JACKET POTATO</b> Tomato Pasta 🍝 🍅 🌿	<b>JACKET POTATO</b> Vegetarian Burger 🍔 Served with Potato Wedges	<b>JACKET POTATO</b> Cheesy Ploughman's Picnic Plate 🍷	<b>JACKET POTATO</b> Chilli No Carne with Crispy Tortilla 🍲 Served with Wholegrain Rice	<b>JACKET POTATO</b> Quorn Dippers 🍷 Served with Chips
	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🍷 🌿					
All main meals are served with two vegetables					
<b>DESSERT</b>	Forest Fruits Jelly	Crispy Crackle Bar with Fruit 🍌	Carrot, Orange and Sultana Slice 🥕 🍊	Original Flapjack	Vanilla Ice Cream

**PACKED LUNCH AVAILABLE**  
 Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
 Water, salad, freshly baked bread, yoghurt & fresh fruit

🌿 Vegetarian 🐟 Oily Fish 🍷 Wholegrain  
 🍌 Fruity! 🍷 Nutritionist's Choice



## WEEK 2

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPRING/SUMMER 2024	<b>HOT SPECIALS</b> Cheese and Tomato Pizza 🍕 Served with Potato Wedges	<b>HOT SPECIALS</b> Beef Bolognese 🍝 🍷 Served with Wholewheat Pasta	<b>HOT SPECIALS</b> Roast Pork 🍖 Served with Roast Potatoes and Gravy	<b>HOT SPECIALS</b> Butter Chicken Curry 🍲 Served with Wholegrain Rice	<b>HOT SPECIALS</b> Southern Fried Chicken 🍗 Served with Chips
	<b>JACKET POTATO</b> Jacket Potato with BBQ Baked Beans 🍷	<b>JACKET POTATO</b> Veggie Burrito 🍷 🌿	<b>JACKET POTATO</b> Quorn Roast 🍷 Served with Roast Potatoes and Gravy	<b>JACKET POTATO</b> Macaroni Cheese 🍷	<b>JACKET POTATO</b> Veggie Fingers 🍷 Served with Chips
	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings	<b>JACKET POTATO</b> Jacket Potatoes 🍟 with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🍷 🌿					
All main meals are served with two vegetables					
<b>DESSERT</b>	Chocolate Cookie	Banana and Carrot Cake 🍌	Orange Jelly	Magic Apple and Cinnamon Bake 🍏 🍷	Orange Drizzle

**PACKED LUNCH AVAILABLE**  
 Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
 Water, salad, freshly baked bread, yoghurt & fresh fruit

🌿 Vegetarian 🐟 Oily Fish 🍷 Wholegrain  
 🍌 Fruity! 🍷 Nutritionist's Choice

# WEEK 3

W/C: 29/04, 20/05, 10/06, 01/07, 22/07, 02/09, 23/09, 14/10

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPRING/SUMMER 2024	HOT SPECIALS	<b>Cheese and Tomato Pizza</b> 🌱 Served with Potato Wedges	<b>Pork Sausages</b> Served with Mashed Potato and Gravy	<b>Roast Chicken</b> 🍷 Served with Roast Potatoes and Gravy	<b>Chicken and Broccoli Pasta Bake</b> 🍷	<b>Fish Fingers</b> Served with Chips
	JACKET POTATO	<b>Tomato and Herb Lentil Pasta</b> 🌱 🍷 🌱 🍷	<b>Vegetarian Sausage</b> 🌱 Served with Mashed Potato and Gravy	<b>Cheese and Onion Pasty</b> 🌱 Served with Roast Potatoes and Gravy	<b>Meatless Balls in Tomato Sauce</b> 🌱 Served with Rainbow Rice	<b>Quorn Dippers</b> 🌱 Served with Chips
		<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🌱 with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷						
All main meals are served with two vegetables						
	DESSERT	<b>Chocolate Brownie</b> 🍷	<b>Strawberry Jelly</b>	<b>Banana Cake</b> 🌱	<b>Lemon Sicilian Cookie</b>	<b>Chocolate Ice Cream</b>

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

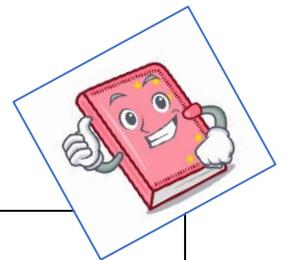
**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain  
🍏 Fruity! 🍷 Nutritionist's Choice



## GOLDEN AWARD WINNERS

ACORNS	Ava & Samuel
SEEDLINGS	Jesse & Summer
BUDS	William & Whole Class for World Book Day
YOUNG OAKS	Sophia & Dylly
BUR OAKS	Sonny & Sophie
RED OAKS	Jacob & Skye
MIGHTY OAKS	Ella & Ailla



### Dates For Your Diary

27.3.24	PTA Disco
28.3.24	End of Spring Term
15.4.24	Start of Summer Term
24.5.24	End of half term
3.6.24	Start of half term
17.7.24	Leavers Disco
23.7.24	End of Summer Term

CHACEWATER PTA PRESENTS

# EASTER EGG HUNT

CHACEWATER  
MILLENNIUM GREEN

WEDS 3RD APRIL  
2-4PM



**EVERYONE IS WELCOME**  
REFRESHMENTS - LUCKY DIPS  
CHOCOLATE EGGS  
EASTER CRAFTS & MORE

**£3 PER CHILD**  
**SCAN THE QR**  
**TO BOOK**



# CANDY FLOSS MACHINE



**AVAILABLE FOR  
HIRE FROM £40**



[chacewaterpta@gmail.com](mailto:chacewaterpta@gmail.com)

# CASTING CALL

INK CASTING

LOOKING FOR CORNISH BASED  
YOUNG PERFORMERS AGED 4-11  
FOR A SERIES OF TV COMMERCIALS  
FOR A LOCAL TOY COMPANY



Acting experience not required, but  
looking for outgoing, confident kids who  
are happy to be on camera.



paid opportunity  
**Shooting throughout**  
2024 - 2025

If interested, please email:  
subject: 'Cornwall Kids'

[ilenka@inkcasting.co.uk](mailto:ilenka@inkcasting.co.uk)  
07909 542 294  
[www.inkcasting.co.uk](http://www.inkcasting.co.uk)

